



Intenza

Intenza

We wanted to set a new standard when it comes to indoor cycling, so we created a performance bike for those who love cycling, with exceptional dynamics and everyday usability.

MARK CHANG
CEO INTENZA FITNESS





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From the dramatic curve of the side fenders to its ultra—elegant contours, Intenza’s 550 GC Series is the perfect marriage of aerodynamics and performance. Every detail has been designed to create more than just a rewarding experience.

Whether cycling at home or in the gym, if you refuse to compromise on quality, demand a truly connected feel or require precise handling, the 550 GC Series delivers greater scope for you to personalise your riding experience with our multi—configurable dynamics.

With active riders in mind, the GC Series brings club performance to the home making it the perfect partner for indoor cycle enthusiasts. Front—mounted wheels make portability easy and coupled with our sophisticated belt drive system, home exercisers experience a smooth, quiet and consistent ride without interrupting workouts or anyone around them.



Built to withstand the rigours of thousands of classes, we know performance matters. From the ground up, the 550 GC Series is built with a high—tensile steel frame finished off by a protective powder—coated layer to enhance, and protect the surface, resulting in an aesthetic that is both durable and beautiful whilst affording extended periods of maintenance—free use.

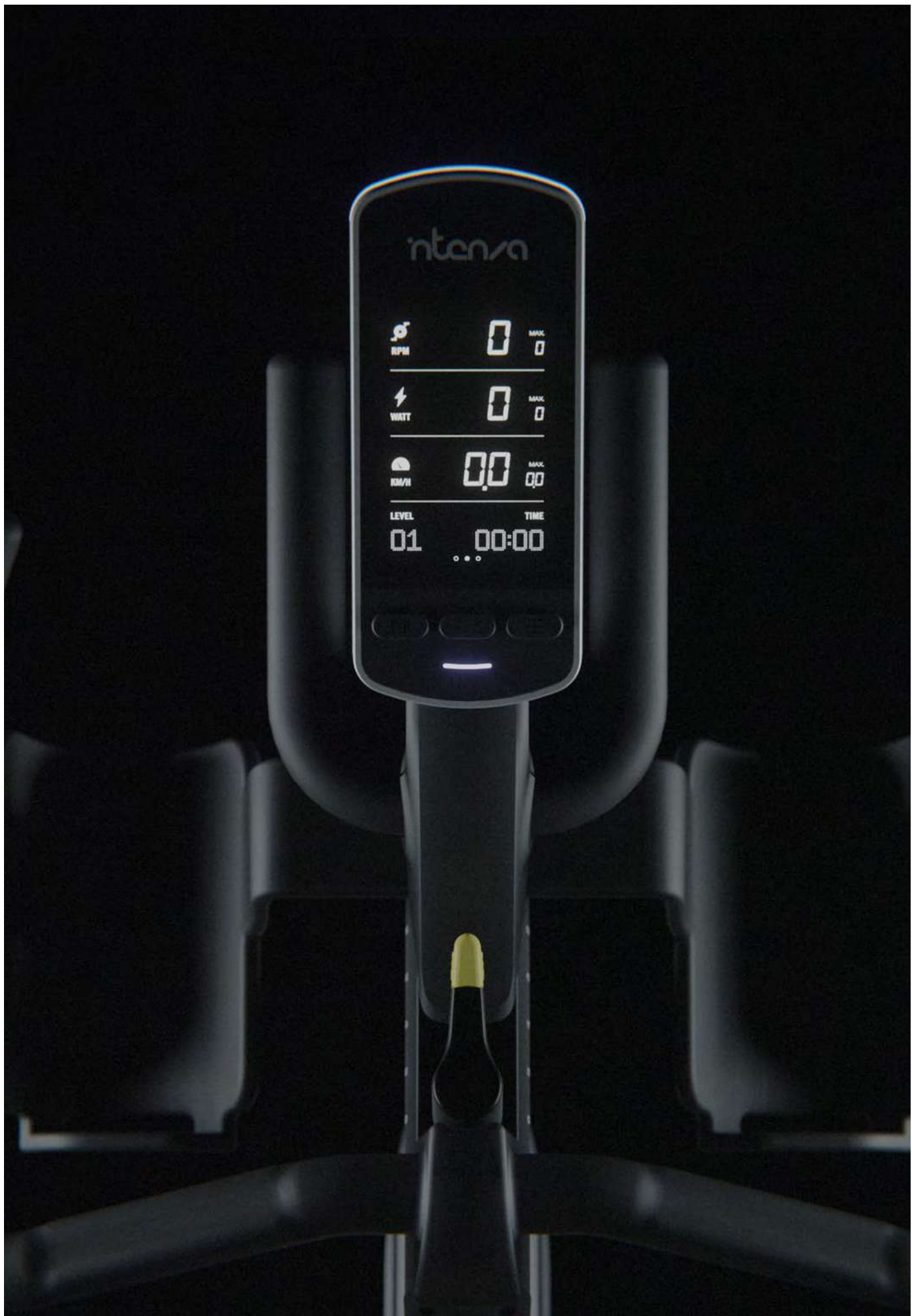
Cycle instructors are inspired to design world—class rides and for enthusiasts who love group workout classes their next session begins with Intenza.



True to the Intenza design aesthetic, and our insistence on the highest level of craftsmanship, as reflected in our signature premium finishes, impeccable engineering and touch and feel, the GC Series is the difference between a great workout and just spinning your wheels.

Create your own terrain and find the perfect intensity to suit your needs with 40 resistance levels: in micro—increments between 0—240° rides can be finetuned. And, with no direct friction or contact, Intenza indoor cycling bikes have the major advantage of minimal wear and tear, as electromagnetic induction is used in order to deliver extremely smooth, continuous resistance.



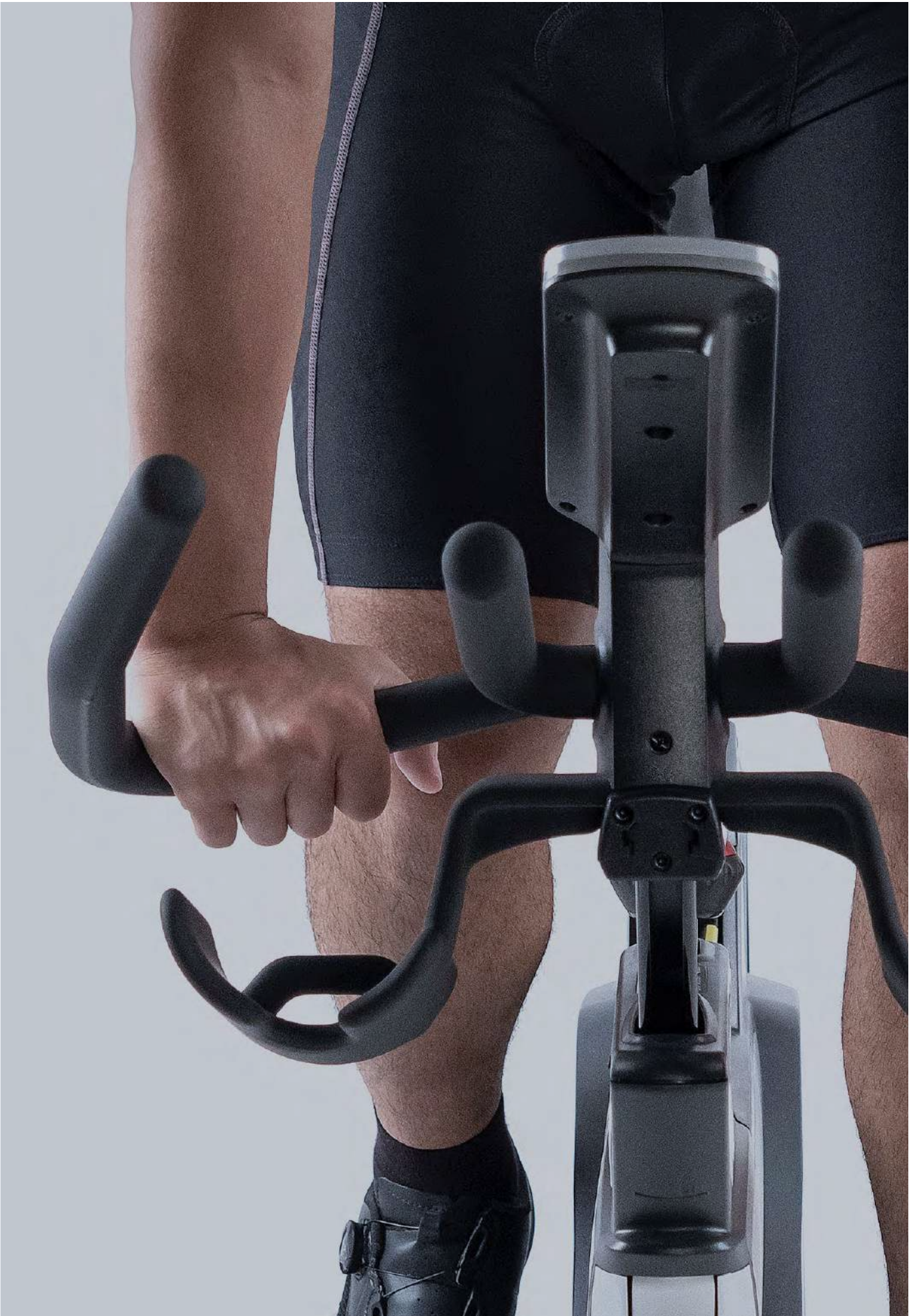


Tracking cadence, or RPM, can help guide your ride and provide instant feedback on performance. Rechargeable 2,000 times, cycle off—grid with the GC3 generator—powered console. Incorporated into the flywheel spindle, the LCD console is powered whilst the bike is being ridden and through a simple 3—button layout you gain insight into the distance that you have covered, the calories you have burned, and the time and speed taken. In short, it will provide you with all the relevant data needed to tune your sessions.

And, allowing cycle instructors to mentor group rides through five intensity zones, Intenza’s Colour Cue™ intensity guide offers real—time, colour—coded feedback to riders.

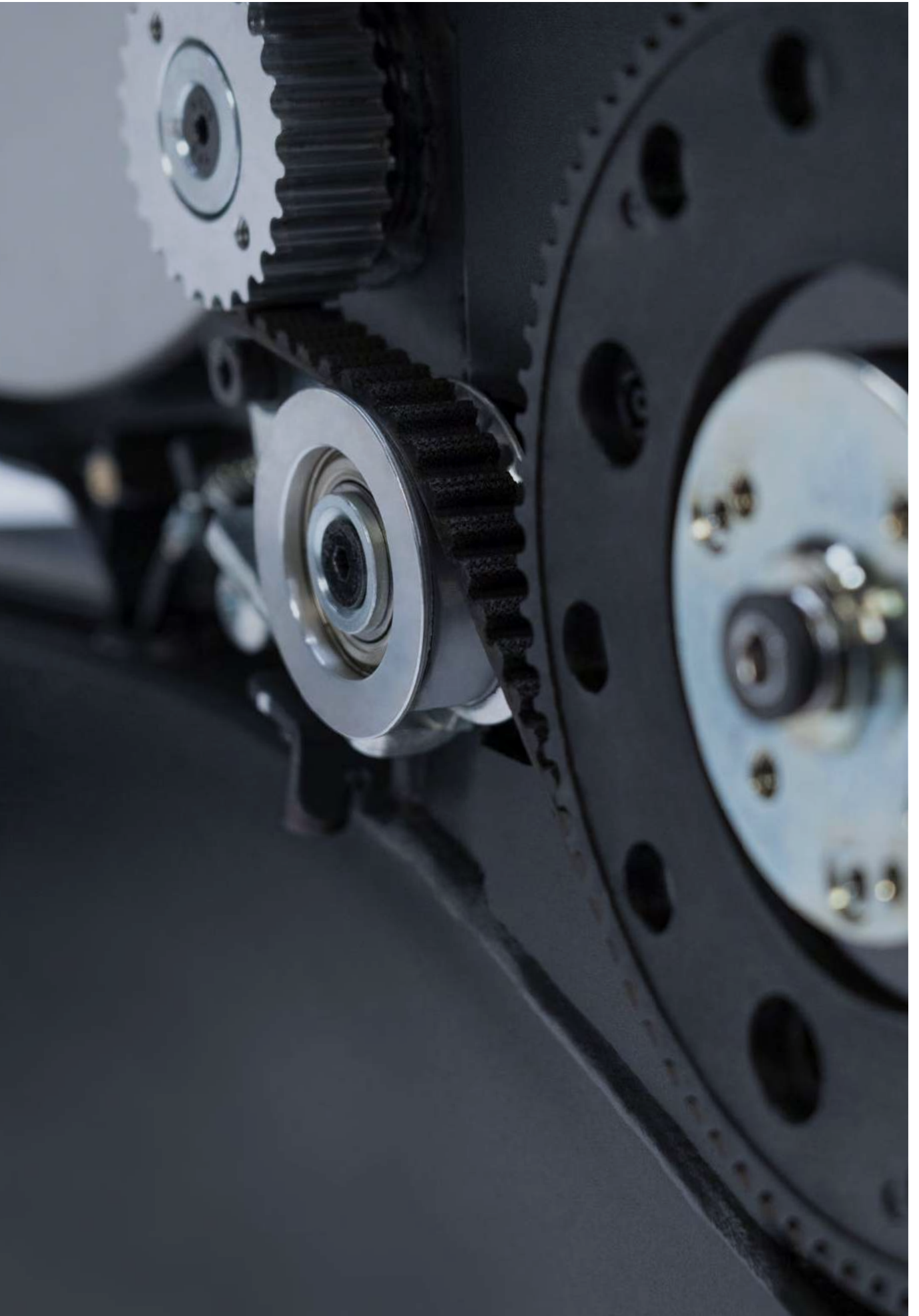
COLOUR CUE™ INTENSITY GUIDE ALLOWS CYCLE INSTRUCTORS TO LEAD RIDERS THROUGH FIVE INTENSITY ZONES RANGING FROM VERY LIGHT TO MAXIMUM EFFORT OR, INDIVIDUALS TO TARGET THEIR TRAINING. COLOUR CUE™ INTENSITY GUIDE FEATURES ZONES WHICH ARE COLOUR—CODED, FROM WHITE TO BLUE TO GREEN TO YELLOW TO RED. THE LED INDICATOR, LOCATED ABOVE MAIN DISPLAY, RELATES DIRECTLY TO THE AMOUNT OF EFFORT RIDERS PUT IN ENSURING TRAINING AT THE CORRECT INTENSITY AND THAT WORKOUTS ARE MORE EFFECTIVE AND RESULTS ACHIEVED FASTER. COLOUR CUE™ ZONES INCLUDE—

| | | | |
|--------|--------|--------------|------------|
| WHITE | ZONE 1 | <140 WATT | VERY LIGHT |
| BLUE | ZONE 2 | 140—189 WATT | LIGHT |
| GREEN | ZONE 3 | 190—226 WATT | MODERATE |
| YELLOW | ZONE 4 | 227—264 WATT | VERY HARD |
| RED | ZONE 5 | >265 WATT | MAXIMUM |



A svelte bike with attitude, the 550 GC Series has been exhaustively tested and is safe and ergonomic by design. Accommodating multiple grip positions is crucial to maintaining good riding posture throughout workouts therefore for enhanced comfort, the broadest range of riders ranging between 147.5cm—205cm can adjust both saddle and handlebar position fore—aft and up—down to suit frequent transitions between sitting and standing cycling phases.

And, for standing runs when the body is held steady with a focus on equally pushing down and pulling up, the GC Series' robust frame and spindle can support weights up to 159kg.



Created to help you explore beyond, the 550 GC Series' high inertia coupled with a low Q—Factor of 162mm brings the authentic experience of outdoor road biking inside. A shorter distance between the feet affords better alignment for your body and lower muscles meaning the chance for injury will be lowered even during the most rigorous workout and whether you're a recreational rider or a serious racer the bike's 1:13 gear ratio with 2—stage drivetrain, and hybrid poly—V and tooth belt, transfers extreme levels of torque smoothly to generate an extremely fast flywheel speed.



MADE FOR CYCLISTS Safe and extremely durable with construction designed for studio, club or high-volume use the 550 GC Series offers you the best indoor training cycling experience possible whilst simulating challenging outdoor conditions

FIND YOUR FIT Offering superior adjustability and correct ergonomics dial in your perfect fit. Both handlebars and saddle can be easily tuned in micro increments fore-aft and up-down/aft in multiple configurations to accommodate the broadest range of riders

A SECURE RIDE

All 550GC Series bikes feature SPD-compatible pedals with adjustable straps and toe cages for shoes without cleats

GC3 CONSOLE No batteries required. The compact generator incorporated into the flywheel spindle recharges lithium polymer battery through energy captured by riders. LCD console displays data clearly with high visibility in darker environments. Get the most out of your riding experience and track your performance through—

| | |
|--------------------|--|
| CADENCE | RPM MEASURES PEDAL STROKES PER MINUTE. AVERAGE RPM IS CALCULATED OVER A SINGLE WORKOUT |
| HEART RATE | MEASURES HEART BEATS PER MINUTE. AVERAGE BPM IS CALCULATED OVER A SINGLE WORKOUT |
| TIME | DURING WORKOUT TIME DISPLAYS IN MINUTES:SECONDS. AFTER 60 MINUTES TIME DISPLAYS IN HOURS:MINUTES |
| DISTANCE | CALCULATIONS ARE BASED ON RPM |
| KILOCALORIE | ENERGY CALCULATIONS ARE BASED ON HEART RATE |
| RESISTANCE | DURING WORKOUT RESISTANCE IS DISPLAYED BY LEVEL NUMBER |







ADJUSTABLE RESISTANCE In one smooth twist from 0—240° adjust the intensity of your ride through the easy to use, easy to access resistance control knob

Q—FACTOR The measured space between pedals, Q—Factor is an important element for comfort and performance. Intenza GC Series Bikes feature a precise Q—Factor of 162mm/6.37" modeled after road bikes to deliver better comfort and biomechanics through the hips, knees and ankles

DYNAMICS Dual transmission system increases the gear ratio and improves the riding experience whilst 40 magnetic resistance levels deliver extremely smooth, continuous resistance. And, an authentic road feel is delivered due to the 2—stage hybrid Poly—V and tooth belt which is more quiet, stretches less and transfers more power than other belts resulting in reduced maintenance, fewer breakdowns and improved pedaling technique

SAFETY STOP To draw the flywheel to a standstill, pull down the resistance knob until the pedals come to a complete stop. During this action, flywheel momentum will begin to decrease. Please do not attempt to dismount from the bike, or remove your feet from the pedals, until both the pedals and the flywheel have stopped completely

SLEEK AND PORTABLE Front—mounted transport wheels afford easy portability while stabiliser feet eliminate shaking

MAINTENANCE—FRIENDLY Anodised aluminum flywheel deters moisture and corrosion extending the lifespan of its premium appearance. 1—piece side fender panel channels liquids away from the flywheel and drivetrain components and allows quick access to drive system if maintenance is required





8KG FLYWHEEL



OPTIONAL CLIP IN

FOOT PRINT L x W: 130 x 58cm/51 x 22" **PRODUCT NET WEIGHT** 60.5kg/133lbs **SHIPPING DIMENSIONS** L x W x H: 128 x 23 x 106cm/50 x 9 x 42" **SHIPPING GROSS WEIGHT** 71.5kg/158lbs **DRIVE SYSTEM** Belt **DRIVE TRAIN** 2—Stage Hybrid Poly—V and Tooth Belt **FRAME** Robust frame structure designed to ensure stability and durability. Aluminum front post offers aesthetic appeal **GEAR RATIO** 1:13 **HANDLEBARS** Adjustable Fore—Aft and Up—Down **MAXIMUM USER WEIGHT** 159kg/350lbs **PEDALS** Standard pedal with toe cage or optional dual sided pedal with both SPD and toe cage **Q—FACTOR** 16.2cm/6.37" **RESISTANCE SYSTEM** 40 Magnetic resistance levels **SEAT ADJUSTMENT** Fore—Aft and Up—Down **USER HEIGHT RANGE** 147.5—205cm/4'10" to 6'8" **WATER BOTTLE HOLDER** Dual water bottle holders support 1 litre water bottles **COLOUR** Hard Black



EN ISO 20957—1:2013
EN ISO 20957—10:2017



UL 1647:2015/R:2018—07
CAN/CSA—C22.2 No. 68:2018





ENGLISH



RECHARGEABLE



COLOUR CUE™



8KG FLYWHEEL



OPTIONAL CLIP IN

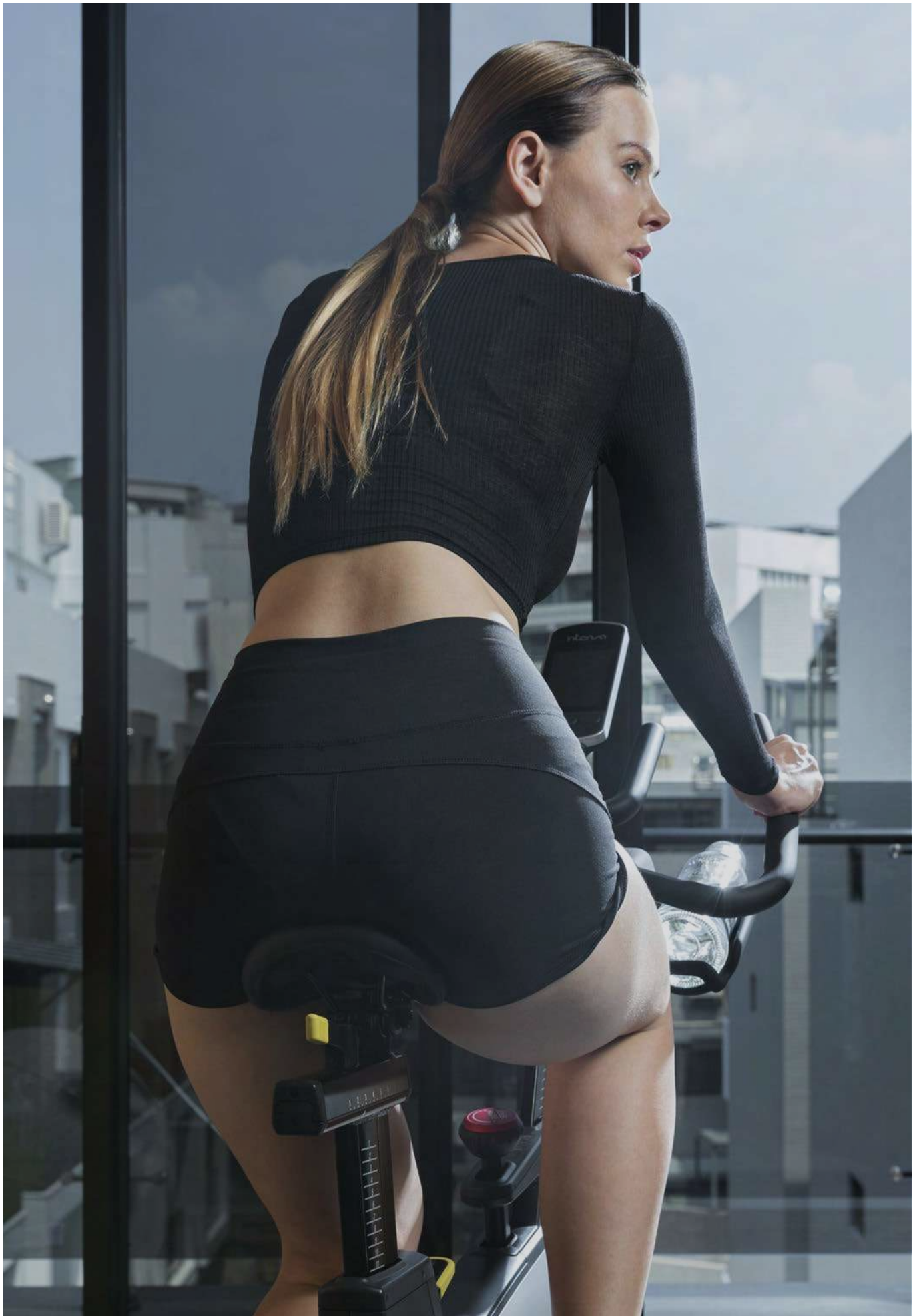
FOOT PRINT L x W: 130 x 58cm/51 x 22" **PRODUCT NET WEIGHT** 62.5kg/138lbs **SHIPPING DIMENSIONS** L x W x H: 128 x 23 x 106cm/50 x 9 x 42" **SHIPPING GROSS WEIGHT** 73.5kg/162lbs **DRIVE SYSTEM** Belt **DRIVE TRAIN** 2—Stage Hybrid Poly—V and Tooth Belt **FRAME** Robust frame structure designed to ensure stability and durability. Aluminum front post offers aesthetic appeal **GEAR RATIO** 1:13 **HANDLEBARS** Adjustable Fore—Aft and Up—Down **MAXIMUM USER WEIGHT** 159kg/350lbs **PEDALS** Standard pedal with toe cage or optional dual sided pedal with both SPD and toe cage **Q—FACTOR** 16.2cm/6.37" **RESISTANCE SYSTEM** 40 Magnetic resistance levels **SEAT ADJUSTMENT** Fore—Aft and Up—Down **USER HEIGHT RANGE** 147.5—205cm/4'10" to 6'8" **WATER BOTTLE HOLDER** Dual water bottle holders support 1 litre water bottles **COLOUR** Hard Black



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